## Illinois WIC Webcasts Test Questions

## **Breastfeeding: It Matters (February 2017)**

- 1. The central organ of the infant's immune system is the thymus.
- 2. The thymus produces oligosaccharides.
- 3. Human milk oligosaccharides (HMOs) serve as food for microbes in the digestive tract.
- 4. HAMLET is lethal to 40 different types of cancer cells.
- 5. Breastmilk has around 1,000 constituents.
- 6. Discussing the risks of using formula is more effective at changing behavior than discussing the benefits of breastfeeding.
- 7. Studies show that when the baby's father supports breastfeeding, more than 90% of mothers are more likely to choose to breastfeed.
- 8. Because women tend to bond with their children through feeding them, grandmothers should be given strategies to help them bond with the baby in other ways besides feeding their grandbaby.