QUIZ QUESTIONS

Through the Microscope: A Closer Look at Human Milk

- 1. The three major macromolecules in human milk are proteins, fats, and carbohydrates.
- 2. Lactose is a carbohydrate.
- 3. Antibodies are carbohydrates.
- 4. Human milk antibodies are found in formula.
- 5. Human milk oligosaccharides feed good bacteria and prevent bad bacteria from attaching to the baby's stomach.
- 6. Passive immunity occurs when mothers transfer antibodies to their babies through the placenta or through lactation.
- 7. Human milk contains bacteria that help create a healthy microbiome in baby's stomach