

FASD FACTS: How You Can Help Prevent Fetal Alcohol Spectrum Disorders

Activity #2

1. Match the type of alcohol to the correct standard drink equivalent:

Hard liquor 12 oz.

Table wine 1 ½ oz.

Beer 5 oz.

Wine cooler 12 oz.

2. Prenatal alcohol exposure primarily causes (select the best phrase to complete this sentence)
 - a. Birth defects
 - B. Heart problems
 - C. Brain damage
 - D. Speech problems
3. Fetal Alcohol Syndrome Disorders is 100% preventable. Describe how it is preventable.
4. What are some of the overall difficulties a person with FASD will experience?
5. List 3 of the 4 guidelines that are required for a Fetal Alcohol Syndrome (FAS) diagnosis?