

THE SPRINGFIELD URBAN LEAGUE PRESENTS

WOMEN'S WELLNESS WEDNESDAYS

FREE

- WORKOUT SESSIONS
- HEALTH SCREENINGS
- FOOD & DRINKS
- HEALTH EDUCATION
- AMAZING GIVEAWAYS!



**FOR QUESTIONS CALL:
BRITTANY KOONCE
WELLNESS
COORDINATOR
217-789-0830**

Starting
**WEDNESDAY
OCTOBER 18, 2017
@6:30**

700 SOUTH LIVINGSTON AVE
STUDIO 257 - EMPOWERMENT CENTER
SPRINGFIELD, IL 62703

