1. The three major macromolecules in human milk are proteins, fats, and carbohydrates. TRUE

2. Lactose is a carbohydrate. TRUE

3. Antibodies are carbohydrates. FALSE

4. Human milk antibodies are found in formula. FALSE

5. Human milk oligosaccharides feed good bacteria and prevent bad bacteria from attaching to the baby’s stomach. TRUE

6. Passive immunity occurs when mothers transfer antibodies to their babies through the placenta or through lactation. TRUE

7. Human milk contains bacteria that help create a healthy microbiome in baby’s stomach. TRUE