Illinois State WIC Program
Category: Postpartum/Non-Breastfeeding

## R-01.21 WIC Paper Assessment Tool

FUUD FI	RESCRIPTION
Review Core Food Packages	and tailoring options with participant.
Select Food Package Type  *Review Core Food Package and tailored options with partic  Core Package, reviewed options, no tailoring need Tailored Package* (see table below) Flags (Select options below if applicable) Medical Condition Milk (Lactose) Allergy Milk "Fish "Peanut "Shellfish "Eggo Inadequate Storage Medically Prescribed Formula Yes No  Medical documentation must be attached to this form and th	gs = Wheat = Tree nuts = Soy = Other:
*Tailored Package Options Review and mark all the foods the participant would like in the	heir package:
☐ Cheese	☐ Milk
□ Tofu	<ul><li>☐ Milk</li><li>☐ Lactose-free milk</li><li>☐ Soy Beverage</li></ul>
□ Tofu	□ Lactose-free milk
□ Tofu □ Yogurt	<ul> <li>□ Lactose-free milk</li> <li>□ Soy Beverage</li> <li>□ Kosher Milk</li> <li>□ UHT (shelf stable) milk</li> </ul>
<ul><li>□ Tofu</li><li>□ Yogurt</li><li>□ Breakfast Cereal</li></ul>	<ul> <li>□ Lactose-free milk</li> <li>□ Soy Beverage</li> <li>□ Kosher Milk</li> <li>□ UHT (shelf stable) milk</li> <li>□ Juice</li> </ul>
☐ Tofu ☐ Yogurt ☐ Breakfast Cereal ☐ Eggs	<ul> <li>□ Lactose-free milk</li> <li>□ Soy Beverage</li> <li>□ Kosher Milk</li> <li>□ UHT (shelf stable) milk</li> <li>□ Juice</li> <li>□ Legumes</li> </ul>
<ul><li>□ Tofu</li><li>□ Yogurt</li><li>□ Breakfast Cereal</li></ul>	<ul> <li>□ Lactose-free milk</li> <li>□ Soy Beverage</li> <li>□ Kosher Milk</li> <li>□ UHT (shelf stable) milk</li> <li>□ Juice</li> </ul>
<ul><li>☐ Tofu</li><li>☐ Yogurt</li><li>☐ Breakfast Cereal</li><li>☐ Eggs</li></ul>	<ul> <li>□ Lactose-free milk</li> <li>□ Soy Beverage</li> <li>□ Kosher Milk</li> <li>□ UHT (shelf stable) milk</li> <li>□ Juice</li> <li>□ Legumes</li> <li>○ Dried Beans</li> </ul>