

07.12.24

## Illinois Breastfeeding Events & Activities

<https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force>

For additional information contact: [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)



### IDHS Breastfeeding Webcasts

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

*Webcasts are available for CEU for up to 2 years after the original air date. For a list of current webcasts and to register:*  
<https://www.springfieldul.org/chtc/distance-learning>

### Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies <https://lactationeducation.com/illinois>

### HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

**Resources:** <http://iphionline.org/breastfeeding/>  
resources for breast/chest-feeding parents, partner, family, hospital, worksite, early care, and education providers, lactation, and family support

### Educational Webinar Series

#### **Great Lakes Breastfeeding Webinar Series (Monthly)**

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch third Tuesday of every month; *watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.*

<https://www.mibreastfeeding.org/webinars/>

### CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

### State Breastfeeding Task Force Meetings

via Webex, contact [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)

Jul 23	10 am - Noon
Oct 22	10 am - Noon

### Regional Task Force Events

State/Regional Task Force Information:

<https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force>

### Edwardsville BFTF annual conference

September 19, 2024 - The Regency Conference Center, O'Fallon, Illinois

<https://www.edwardsvilleregionbreastfeeding.org/>

### Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

Sep 12 2024	1-2 pm
Dec 12 2024	1-2 pm

### Peer Counselor Training (Zoom)

Three-day virtual training for **new** Peer Counselors.

October 22-23-24 2024 9 am – 3 pm

**Register:** <https://pcoc24.ezregister.com>

### Peer Counselor Case Study Day (Zoom)

One-day Live training. For PCs who wish to update and expand their knowledge to support the BF dyad. Includes case studies and discussion on how to refer, counsel, avoid burnout, and stay within scope.

August 12 10 am – 4:30 pm EST / 9 am –3:30 pm CST

### L.O.V.E. in the Margin: DEI Lactation Training (Zoom)

7.5 hr. live, virtual training, combined with 2.5 hrs. of individual work. This interactive training will teach the attendees how to approach, navigate, and respond to individuals from various cultural backgrounds within the WIC environment.

July 26	8 am - 4 pm CST
August 14	7 am – 3 pm CST
September 4	8 am – 4 pm CST

### Untangling Low Milk Supply (Zoom)

This 1-day seminar will help participants be better able to help families assess and explore inadequate milk supply. Possible causes and solutions will be examined.

August 13 8 am – 3:45 pm CST

**Register at:** [MWRTrainings.com](https://MWRTrainings.com)

### Peer Counselor Program Supervisor Training (Zoom)

Two half-day training for new PC Supervisors

November 13<sup>th</sup> & 15<sup>th</sup> 2024 8 am – 12:15 pm

**Register:** <https://pcspvrnov24.ezregister.com>

### Peer Counselor Supervisor Conference Calls

(Illinois WIC Peer Counselor Programs only)

October 30 1-2 pm

May 2025, date TBD

07.12.24

**Certified Breastfeeding Peer Counselor/Peer Educator Training Chicago area only**

The course is for basic to intermediate breastfeeding education and support training. This training meets the requirement for competency for frontline and clerical staff. Registration is required. Contact [enold@cedaorg.net](mailto:enold@cedaorg.net) for more information.

**Oct 1,3,8,10 2024 (in person, Countryside)**

**Register: <https://bpedu2024.ezregister.com>**

**WIC Designated Breastfeeding Expert (DBE):**

2-day - live virtual training via Zoom. The training covers the DBE role of working with the peer, history taking, problem-solving lactation issues, use of supplementation devices, establishing your role in the clinic, ethics, and becoming an IBCLC. Feel more confident with lactation problems, and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

August	1 – 2	7 am – 3 pm CST
August	22 – 23	8 am – 4 pm CST

**[MWRTrainings.com](https://MWRTrainings.com)**

**Certified Lactation Specialist Course (CLS)**

Week-long training in lactation (Zoom, real-time) 45 L-CERPs, 1 E-CERP, 45 RN; Lactation management skills are taught through practical application of scientific principles. (IL WIC CPA/eligible, PC staff only)

**August 5,6,7,8,9**      **8:00 am-5:30 pm ET**  
**(7 am - 4:30 pm CT)**

**Registration begins July 3rd**  
**WIC Staff: <https://aug24cls.ezregister.com>**

**Sept. 18,19,20,23,24**      **8 am - 5:30 pm ET**  
**(7 am - 4:30 pm CT)**

**Registration begins August 12th**  
**WIC Staff: <https://clssept24.ezregister.com>**

**Certification Cram Review Course (Zoom)**

Covering the entire IBLCE exam grid, the newest information, latest research in lactation.

15.5 L CERPs, 1 E CERP, 16 RN

**August 12-13**      **Central Time**

**WIC staff: <https://cramaug2024.ezregister.com>**

**For all others: <https://lactationeducation.com/cram-review-course>**