

11.11.2024

## **Illinois Breastfeeding Events & Activities**

<https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force>

For additional information contact: [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)



### **DHS Breastfeeding Webcasts**

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

*Webcasts are available for CEU for up to 2 years after the original air date. For a list of current webcasts and to register: <https://www.springfieldul.org/chtc/distance-learning>*

### **Breastfeeding Curriculum Training L2-4**

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies <https://lactationeducation.com/illinois>

### **HUG your Baby** Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

### **Resources:** <http://iphionline.org/breastfeeding/>

resources for breast/chest-feeding parents, partner, family, hospital, worksite, early care, and education providers, lactation, and family support

### **Educational Webinar Series**

#### **Great Lakes Breastfeeding Webinar Series (Monthly)**

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch third Tuesday of every month; *watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.*

<https://www.mibreastfeeding.org/webinars/>

#### **CDC-USBC Coalition Webinars**

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

### **State Breastfeeding Task Force Meetings**

via Webex, contact [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)

Jan. 21 (2025)

10 am - Noon

### **Regional Task Force Events**

State/Regional Task Force Information:

<https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force>

### **Peer Counselor Conference Calls**

(Illinois WIC Peer Counselor Programs only)

**December 12, 2024** 1-2 pm

**March 20, 2025** 1-2 pm

**June 19, 2025** 1-2 pm

### **Peer Counselor Training (Zoom)**

Three-day virtual training for **new** Peer Counselors.

**Spring "2025 date TBD** 9 am – 3 pm

**Register:** <https://pcoc24.ezregister.com>

### **Peer Counselor Program Supervisor Training (Zoom)**

Two half-day training for new PC Supervisors

**November 13<sup>th</sup> & 15<sup>th</sup> 2024** 8 am – 12:15 pm

**Register:** <https://pcspvrnov24.ezregister.com>

### **Certified Breastfeeding Peer Counselor/Peer Educator Training Chicago area only**

The course is for basic to intermediate breastfeeding education and support training. This training meets the competency requirements of frontline and clerical staff. Registration is required. Contact [enold@cedaorg.net](mailto:enold@cedaorg.net) for more information.

**May 6, 8, 13,15 (2025) (in person, Countryside)**

**Registration:** <https://bpedu2025.ezregister.com>

### **Peer Counselor Supervisor Conference Calls**

(Illinois WIC Peer Counselor Programs only)

**May 22, (2025)**

**1-2 pm**

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**Certified Lactation Specialist Course (CLS)**

Week-long training in lactation (Zoom, real-time) 45 L-CERPS, 1 E-CERP, 45 RN; Lactation management skills are taught through practical application of scientific principles. (IL WIC CPA/eligible, PC staff only)

**April 9-11, 14-15 (2025)                      8 am - 5:30 pm ET  
(7 am - 4:30 pm CT)**

**WIC Staff:** <https://clsapr25.ezregister.com>

**\*course not yet open for registration!**

**Certification Cram Review Course (Zoom)**

Covering the entire IBLCE exam grid, the newest information, and the latest research in lactation. 15.5 L CERPS, 1 E CERP, 16 RN

**March 3-4 (2025)                                      7-4:30 Central  
Time  
(lunch is 1 hour)**

**WIC staff:** <https://crammar2025.ezregister.com>

**For all others:** <https://lactationeducation.com/cram-review-course>

**WIC Designated Breastfeeding Expert (DBE):**

2-day - live virtual training via Zoom. The training covers the DBE role of working with the peer, history taking, problem-solving lactation issues, using supplementation devices, establishing your role in the clinic, ethics, and becoming an IBCLC. Feel more confident with lactation problems, and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

November 19, 20                      8 am – 3 pm CST

<https://dbe.ezregister.com>

**\*\*\*Note: Award of Excellence application period has begun!!**

**The 2025 application period opened on October 7 and closes on December 13, 2024**

Local WIC agencies who have operated a peer counseling program for at least one year and have met the criteria for the required core components of the [WIC Breastfeeding Model for Peer Counseling](#), are eligible to apply. Applicants can find and apply for the [WIC Breastfeeding Award of Excellence application](#) on the WIC Works Resource System.