

Staff Name: _____

Date completed: _____

CPA Competencies: Issuing Formula Products SSM

Directions: Complete the following worksheet using the WIC Policy Manual (PM) sections and addenda as noted along with the PowerPoint 'CPA Competencies: Issuing Formula Products'.

Review the completed worksheet with your WIC Coordinator/Supervisor and discuss as needed.

Question	Answer
<i>WIC PM SFD sections 5.1-5.6</i>	
1. According to policy, formula fed infants will be issued food benefits for the _____ brand of formula unless a documented medical need for a MPF exists	
2. Ready to Feed (RTF) must only be given to participants in the following situations (4), and must be documented in the participant record:	
3. According to the WIC Formulary, list the five (5) Contract formulas:	
4. True/False Due to safety concerns Local WIC Agencies must not accept or issue donated formula.	
5. True/False WIC's contract formulas are nutritionally complete, not requiring any addition other than water (if anything) added prior to being served, they are all iron fortified and contain 20 calories per ounce.	
6. Contract formulas include the following options (choose all that apply): A. Milk-based B. Lactose free C. Soy-based D. Amino acid based	
7. True/False Participants requesting non-contract or a low iron formula and will not tolerate breast milk, should be provided a medically prescribed formula.	

Question	Answer	
<i>NPS: Documenting in WIC MIS & NPS: Breastfeeding</i>		
8. Match the appropriate Subjective, Assessment, and Plan (SAP) section to the note content for documentation by writing S, A or P in space provided. (Note: SAP format may or may not be utilized by your agency).		
	Description of nutrition practices or feeding pattern/relationships identified	
	Progress on the goal/plan from the last visit	
	Follow up planned for the next visit	
	Feeding/eating/breastfeeding practices and preferences	
	Participant centered goal(s)	
9. The NPS: Breastfeeding contains a variety of information, including: A. Breastfeeding assessment B. Summary of Breastfeeding Food Packages C. WIC Breastfeeding Dyad Education D. All the above		
<i>PM SFD sections 7.1-7.5</i>		
10. The Cash Value Benefit (CVB) for infants 9-11 months includes the ability to purchase: A. Fresh Fruits and Vegetables B. Frozen Fruits and Vegetables C. Canned Fruits and Vegetables D. All the above		
11. True/False A change in formula is considered a medical necessity and thus tailoring to the food package can occur during the current benefit issuance period.		
12. The Maximum Monthly Allowance (MMA) of WIC Formula for a Fully Formula Fed (FF) 7-month-old is _____ fluid ounces.		
13. Staff should be familiar with the following points when providing Education on Food and Formula Benefits: A. Educate on the issued formula B. Where to shop for WIC formula C. Review Core Food Package tables and footnotes D. All the above		
14. According to WIC Policy, an Infant Breastfeeding Partially (IBP) can be issued how many cans of formula in month 0? _____		
15. If the Head of Household (HOH) prefers a portion of the jarred food be replaced with fresh fruits and vegetables for their infant(s) starting at 9 months, the CPA must complete an individual assessment and educate on: A. Safe food preparation B. Storage techniques		

Question	Answer
C. Feeding practices D. All the above	
<i>PowerPoint Slides & Other resources identified</i>	
16. True/False The Illinois WIC Formulas Product Descriptions and Characteristics guide's first page provides key information and Manufacturer Product Specific Characteristics for contract formulas.	
17. Which type(s) of formula are sterile? A. RTF B. Concentrate C. Powder D. All the above	
18. True/False When instructing families on preparing infant formula, CPAs should instruct parents/caregivers to follow the instructions on the can or their physician's advice	
19. Unrefrigerated formula should be discarded after ___ hours. A. 2 B. 4 C. 12 D. 24	
20. True/False CPAs can educate a parent on mixing formula to different calorie concentrations.	
21. True/False An Infant who is six months or older and is prescribed formula only (no infant foods) must be referred to a CPA with MPF training to assign the appropriate food package.	
21. What are the 3 types of WIC vendors/store types available to redeem WIC benefits?	
22. Where is the educational information to cover regarding not selling WIC formula benefits?	