

2.18.2025

## Illinois Breastfeeding Events & Activities

<https://www.springfieldul.org/chtcr/resources/illinois-state-breastfeeding-task-force>

For additional information contact: [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)

### DHS Breastfeeding Webcasts

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

*Webcasts are available for CEU for up to 2 years after the original air date. For a list of current webcasts and to register:*

<https://www.springfieldul.org/chtcr/distance-learning>

### Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

<https://lactationeducation.com/illinois>

### HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

### Resources:

resources for breast/chest-feeding parents, partner, family, hospital, worksite, early care, and education providers, lactation, and family support

<http://iphionline.org/breastfeeding/>

### Educational Webinar Series

#### Great Lakes Breastfeeding Webinar Series (Monthly)

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch third Tuesday of every month; *watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.*

<https://www.mibreastfeeding.org/webinars/>

#### CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

### State Breastfeeding Task Force Meetings

via Webex, contact [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)

April 15<sup>th</sup>                      10 am-Noon  
July 15<sup>th</sup>  
October 21<sup>st</sup>

### Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

March 20, 2025                      1-2 pm

June 26, 2025                      1-2 pm

(in lieu of Juneteenth holiday)

September 18, 2025                      1-2 pm

December 18, 2025                      1-2 pm



### Peer Counselor Training (Zoom)

Three-day virtual training for new Peer Counselors.

March 25-27 (2025)                      9 am – 3 pm

Register: <https://pcmar2025.ezregister.com>

### Peer Counselor Program Supervisor Training (Zoom)

Two half-day training for new PC Supervisors

June 18<sup>th</sup> & 20<sup>th</sup>                      8 am – 12:15 pm

Register: <https://pcspvrjune25.ezregister.com>

### Certified Breastfeeding Peer Counselor/Peer Educator Training Chicago area only

The course is for basic to intermediate breastfeeding education and support training. This training meets the competency requirements of frontline and clerical staff. Registration is required. Contact [enold@cedaorg.net](mailto:enold@cedaorg.net) for more information.

May 6, 8, 13,15 (2025) (in person, Countryside)

Registration: <https://bpedu2025.ezregister.com>

### Peer Counselor Supervisor Conference Calls

(Illinois WIC Peer Counselor Programs only)

May 22, (2025)                      1-2 pm

November 13, (2025)                      1-2 pm

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### Regional Task Force Events

State/Regional Task Force Information:

<https://www.springfieldul.org/chtcr/resources/illinois-state-breastfeeding-task-force>

### Northern IL Breastfeeding Taskforce Conference

March 20, 2025 8:30 am-4:00 pm

**\*flyer is also available on CHTC website**

### Central IL Breastfeeding Taskforce Spring Conference

Friday, April 11, 2025 7:30 am – 4:40 pm

**\*flyer is also available on CHTC website**

### Certified Lactation Specialist Course (CLS)

Week-long training in lactation (Zoom, real-time) 45 L-CERPS, 1 E-CERP, 45 RN; Lactation management skills are taught through practical application of scientific principles. (IL WIC CPA/eligible, PC staff only)

Feb. 26-28, Mar. 3-4 8 am - 5:30 pm ET  
7 am - 4:30 pm CT

WIC Staff only: <https://clsfeb25.ezregister.com>

April 9-11, 14-15 8 am - 5:30 pm ET  
7 am -4:30 pm CT

WIC Staff only: <https://clsapr25.ezregister.com>

### Certification Cram Review Course (Zoom)

Covering the entire IBLCE exam grid, the newest information, and the latest research in lactation.

15.5 L CERPS, 1 E CERP, 16 RN

March 6-7, 2025 (for Apr. exam) 7-4:30 CT

WIC staff: <https://crammar2025.ezregister.com>

August 11-12, 2025 (for Sept. exam) 7-4:30 CT

WIC staff: <https://cramaug2025.ezregister.com>

(1hr. lunch incl.)

For all others: <https://lactationeducation.com/cram-review-course>

### Peer Counselor Enrichments for 2025!!

- Peoria City/County March 2025
  - Friday March 14, 2025!!
  - 9:30 am – 3 pm
  - Peoria City/County Health Department, NEW! Facility  
**(in-person only event!)**
- Effingham Co. 2025
  - Date TBD

### WIC Designated Breastfeeding Expert (DBE):

2-day - live virtual training via Zoom. The training covers the DBE role of working with the peer, history taking, problem-solving lactation issues, using supplementation devices, establishing your role in the clinic, ethics, and becoming an IBCLC. Feel more confident with lactation problems, and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

April 3-4 (2025) 8 am – 4 pm CST

<https://dbeapr25.ezregister.com>

June 23-24 (2025) 8 am – 4 pm CST

<https://dbejune25.ezregister.com>