

Illinois WIC Webcasts

Test Questions

Making it Work: Supporting Nursing Moms at Work (March 2017)

1. More than 80% of breastfeeding women discontinue before their first month back at work has been completed.
2. Most women are prepared for the challenges of motherhood and employment.
3. To be successful with breastfeeding after returning to work, women need an adequate maternity leave of at least 18 weeks.
4. Federal legislation requires employers to provide a dedicated space for breastfeeding for nursing women who are employed.
5. One way Illinois laws differ from federal legislation is that it applies to all women, not just hourly workers.
6. A primary barrier of low-wage earners is talking with a male supervisor about their needs.
7. A good strategy for a lactation space in a business with limited space is to convert a bathroom stall into a lactation space.
8. An option for nursing mothers working in a fast-food agency is a manager's office or flexible space with a partition or divider.