

True-False Quiz

Successfully Combining Breastfeeding with Work or School

1. Breastfeeding rates decrease when mothers return to work.
2. Continuing breastfeeding results in more missed days of work or school.
3. Continuing to breastfeed benefits employers.
4. Milk can be expressed using a breast pump or by hand.
5. It doesn't matter which breast pump is used by a mother returning to work or school full-time.
6. Some breastfed babies will refuse bottle-feeding.
7. Wide-based bottles are closer to breastfeeding than the standard/narrow-width bottle.
8. By not feeding babies more milk than necessary, caregivers can make it easier for mothers to express enough milk to meet their babies' needs while they are separated.
9. Some mothers may need to express (pump) their milk more frequently than other mothers in order to provide enough milk for their babies when they are separated.
10. Using a properly fitted flange while pumping results in more comfort and more milk expressed.