Cuddles, Hugs & Kisses-Breastfeeding and NAS Quiz-True/False.

Please read the following questions to determine whether the statement is True or False.

1. NAS stands for Neonatal Abstinence Symptoms.

   _____True _____False

2. NAS is a collection of signs and symptoms that may manifest due to the newborn's exposure to opioids or opiates during a mother's pregnancy.

   _____True _____False

3. Every 15 minutes, a baby is born with NAS.

   _____True _____False

4. Signs and Symptoms of NAS may include temperature instability, Increased muscle tone and excessive crying.

   _____True _____False

5. Two methods used to plan treatment for newborns with NAS include the Modified Finnegan Scoring System and the Eat, Sleep & Console tool.

   _____True _____False

6. Excessive weight gain may be a symptom of NAS in newborns.

   _____True _____False

7. A drug-dependent mother may still breastfeed her infant if she is **NOT** actively using illegal drug substances.

   _____True _____False

8. Three methods used to console an infant with NAS are minimal stimulation, swaddling, and breastfeeding.

   _____True _____False

9. Mothers who breastfeed their infants while being treated for drug addiction have shown higher rates of breastfeeding duration than breastfeeding mothers who are not drug dependent.

   _____True _____False

10. According to Howard et. al, a mother's drug history and trauma experience may negatively impact her decision to breastfeed and/or bond with her baby.

    _____True _____False