

Memorandum

To: WIC Coordinators

From: Stephanie Bess, M.S., R.D., LDN *SBess*
Associate Director, Office of Family Wellness

Subject: Food Package Changes – Women, Children, and Food Updates

Date: February 13, 2026

Modifications to the WIC Management Information System (MIS) related to the Federal Food Package Regulation changes to the women and children food packages, and allowed foods are expected to be implemented February 25, 2026. The following training materials and resources are attached to assist with preparing staff in understanding the changes and impacts to the WIC allowed foods, WIC MIS, and shopping flexibilities that will be implemented with these changes.

1. WIC Food Package Changes Women Children Foods February 2026 Training Slides
2. IL WIC Food Package Tables February 2026
3. Powder Contract Formula Broadband Staff Resource Feb 2026
4. Women and Children Substitution Guide Feb 2026
5. WIC Shopping Guide February 2026

The recorded version of the training slides, “WIC Food Package Changes Women Children and Foods,” was too large to send through email. Click this link to access:

<https://illinois.webex.com/illinois/ldr.php?RCID=066d5cad4403e6a5dab15ef68f84c4bd>

For staff who did not attend the training webinars, viewing of the recorded training must be completed prior to the February 25, 2026, implementation date to ensure all staff remain current on competencies and expectations. Per policy, documentation of training and staff credentials must be kept on file for monitoring and auditing purposes.

If you have any questions, please contact your Regional Nutritionist Consultant.

CC: Regional Nutritionist Consultants
CHTC