



**ALL  
STAFF**

- Promote breastfeeding as the optimal method of infant feeding
- Respect physical, cultural, behavioral, and social needs
- Encourage breastfeeding as a norm and for as long as desired
- Acknowledge concerns

**Refer participants between levels of care as needed**

**Provide anticipatory guidance on:**

- Preventing common challenges
- Infant behaviors and needs
- How to build/maintain milk production
- Preparing for separation (work, school, etc.)

**Basic assessment/counseling on:**

- Common latch concerns
- Problem solving common barriers
- Improving self-confidence

**Teach how to:**

- Hand express
- Use a breast pump
- Safely handle and store milk
- Assist in feeding classes and support groups

**BFPC  
CPAA**



**Provide support/counseling on:**

- Maternal and infant nutrition
- Maternal metabolic disorders
- Infant GI/nutritional issues
- How to pump safely and efficiently
- Navigate issues returning to work or school
- Lead Infant feeding classes

**Assess:**

- Lactation history and prenatal challenges
- Physiological/social impacts on breastfeeding
- If a pump is needed and how to choose one
- Real/perceived low milk supply by observation

**CPA  
CLS/  
CLC**



Develop a basic care plan with SMART goals per VENA

**Assess and counsel families with complex breastfeeding situations, including:**

- Infants with neurological, physical, or other conditions impacting breastfeeding
- Milk transfer using weighted feeds
- Reestablishing or increasing milk supply
- Use of breastfeeding aids and devices
- Medication and substance use (in collaboration with healthcare professional)
- Navigating complex issues with returning to work or school

**Other responsibilities:**

- Conduct a full assessment of the dyad
- Develop individualized care plans in prenatal, early, and later postpartum periods
- Collaborate with community and healthcare teams for continuity of care

**DBE  
IBCLC**

