

5.4.2026

Illinois Breastfeeding Events & Activities

WIC Breastfeeding Resources | Springfield Urban League
For additional information, contact: Audrie.mumphery@illinois.gov



DHS Breastfeeding Webcasts:

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

"The Art of Hand Expression" *Available as a webcast!

"Maternal Mental Health & Medical Risk in Pregnancy & Postpartum Care" *Available as a webcast!

Register at: <https://www.springfieldul.org/chtcdistance-learning>

"From Connection to Collective Action: Creative Community Engagement" *Available as a webcast!

Register at: From Connection to Collective Action: Creative Community Engagement" | Springfield Urban League

***Webcasts are available for CEUs for up to 2 years after the original air date. For a list of current webcasts and to register:**

<https://www.springfieldul.org/chtcdistance-learning>

Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

<https://lactationeducation.com/illinois>

Parent Resources:

for breast/chest-feeding parents, partners, families, hospitals, worksites, early care, and education providers, lactation, and family support

HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

IL Public Health Institute

New Webinar: *Removing Food Barriers: The Healing & Love Language of Communities!*

Webinars – Michigan Breastfeeding Network

WIC Health:

*WIC Online Nutrition Education - wichealth.org

Educational Webinar Series

Great Lakes Breastfeeding Webinar Series (Monthly)

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch on the 3rd Tuesday of every month; watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.

<https://www.mibreastfeeding.org/webinars/>

CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

Calls and Meetings:

***Peer Counselor Supervisor Conference Calls**
(Illinois WIC Peer Counselor Programs only)

Thursday, May 21, 2026 1-2 pm

***Peer Counselor Conference Calls**
(Illinois WIC Peer Counselor Programs only)

*PC Call - June 18, 2026 1-2 pm

***MWR Breastfeeding Peer Collaborative Conference!**
(No PC call in September, attendance expected in place of the call!) (Peer Counselors only!)
September 22, 2026 8:00 am-2:00 pm CST

*PC Call December 17, 2026 1-2 pm

***State Breastfeeding Task Force Meetings**
via Webex, contact: Courtney.Adams2@illinois.gov

July 21, 2026 10:00 am – 12:00 pm
October 20, 2026 10:00 am – 12:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m2b20607f3cf52bd71c6aca5c922ca5cc>

***DBE Mentorship Calls (NEW!)**

Designated Breastfeeding Experts only! (must have completed L4 USDA Curriculum & have a CLS, CLC, or IBCLC certification).

These calls are optional to facilitate sharing between DBEs, problem-solving case studies, and to share updated information.

These meetings will be held twice a year on the 4th Tuesday of the month.

August 25, 2026 1:00 pm - 2:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m0e8de15efe1230d880fcb4272e0e78be>

Training:

***MWR Breastfeeding Trainings 2026!!**

See the training website below for all trainings and registration!

MWRTrainings.com

***Peer Counselor Training (Zoom)**

Three-day virtual training for new Peer Counselors.

October 27-29, 2026 9 am – 3 pm

Register: [Training Courses | Springfield Urban League](#)

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***Peer Counselor Program Supervisor Training (Zoom)**

Two half-day training sessions for new PC Supervisors

October 19-20, 2026 8 am – 12:15 pm

Register: [Training Courses | Springfield Urban League](#)

***Certified Breastfeeding Support Counselor Training, Chicago area only!**

This course is for basic to intermediate breastfeeding education and support training. It is open to health professional program staff who possess at least a four-year college degree. This training meets the competency requirement of CPA's.

Class Time: 9:00 am – 4:00 pm (in person, Countryside)

*This is a two-week class (2 days/week)(Tues. & Thurs.)

May 5,7,12,14 2026

<https://cbssc2026.ezregister.com>

Certified Lactation Specialist Course (CLS)

Week-long training in lactation (CT Zoom, real-time) 45 L-CERPS, 1 E-CERP Lactation management skills are taught through the practical application of scientific principles.

* June 24-26, 29-30	7:00 am-4:30 pm (CST)
* July 8-10, 13-14	8:00 am-5:30 pm (CST)
* July 22-24, 27-28	7:00 am-4:40 pm (CST)
* August 12-14, 17-18	8:00 am-5:30 pm (CST)
* September 9-11, 14-15	7:00 am-4:30 pm (CST)
* September 21-25	8:00 am-5:30 pm (CST)

Register at: MWRTrainings.com

Certification Cram Review Course (Zoom)

For Mentorship program applicants!

Covering the entire IBLCE exam grid, the newest Information, and the latest research in lactation. 15.5 L-CERPS, 1 E-CERP, 16 RN contact hrs.

Thursday, August 6– Friday, August 7 8 am-5:30 pm

IL WIC Register at: MWRTrainings.com

Virtual LATCH-AZ Conference

All-day virtual Event! Live session: Via Zoom – Link will be sent out a week before the event. Recordings will be available. Attendees/Viewers are eligible for 5.75 CPE for RDN/NDTR after completing the evaluation form.

August 7, 2026 8:30 am-4:00 pm PST

Speaker: Christy Jo Hendricks, IBCLC, RLC, CLP, CLE, Doula

Register at: [Register Now](#)

Questions, thoughts, or concerns, please email us at: latch-az@azdhs.gov.

Peer Counselor Enrichments!

Tazwell County Health Department/Save the Date!!

Friday, May 15th, 2026 9 am – 2 pm
The Barn III: 1451 Timberline Rd. Goodfield, IL 61742

*This will be an in-person only event!

Regional Task Force Events:

***(CRBTF – Educational Opportunity!)**

Lactation: “Back to Basics”

June 30, 2026 9 am – 2:30 pm

John Stroger, Jr. Hospital Administrative Perinatal Center Annual Conference!

To refocus our energy on the basics of lactation & breast/chest feeding.

1950 W. Polk St. Chicago, IL 60612
Professional Building rm 5501

Register at: [Lactation: Back to Basics](#)

***East Central IL BFTF-Save The Date!**

Breastfeeding Connect and Learn Event:

“Addressing the Overlooked”

June 18, 2026 10:00 am – 2:30 pm

In-person only!! At the Champaign-Urbana Public Health District. 201 W. Kenyon Rd., Champaign, IL
REGISTRATION COMING SOON!

See the CHTC website for the Task Force near you!

At: [Regional Task Forces | Springfield Urban League](#)